

# ON GUARD AGAINST BREAST CANCER

The American Cancer Society says that regular mammograms for women over 40 are the most effective method of detecting breast cancer in its earliest stages, when it can be treated most effectively.\* The vast majority of breast cancers are detected through mammography.

## How often should women have breast exams?\*

Women who do not have a family history of breast cancer or do not have any of the other risk factors should follow these guidelines: Women age 20 to 39 should have a clinical breast examination every three years and perform a monthly self-examination.

Women age 35 to 40 should have a baseline mammogram.

Women age 40 and older should have an annual mammogram, annual clinical breast examination and perform a monthly self-examination.

Any woman with a family history of breast cancer or any other risk factors should consult her physician regarding the frequency of examinations.



For more information on Women's Breast Health & Imaging Center, call **803-641-5065**.

\*Information based on guidelines from the American Cancer Society.

# AIKEN REGIONAL MEDICAL CENTERS

Cancer Care Institute of Carolina

Cardiovascular Institute of Carolina

Aurora Pavilion Behavioral Health Services

Diabetes and Nutrition Teaching Center

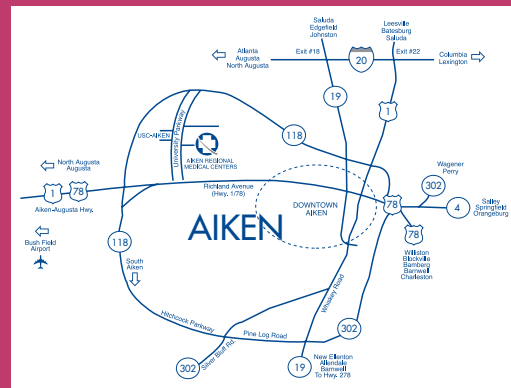
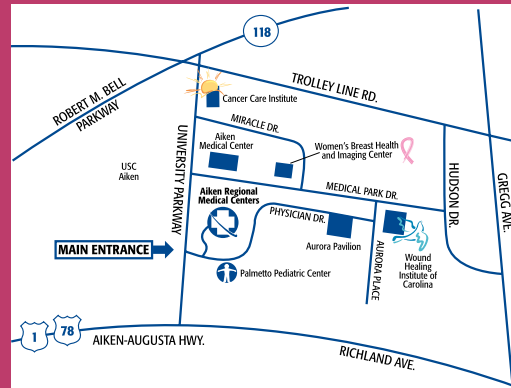
Joint and Spine Center

Imaging Center of Aiken

Women's LifeCare Center

Women's Breast Health & Imaging Center

Wound Healing Institute of Carolina



Women's Breast Health & Imaging Center  
at Aiken Regional  
[www.aikenregional.com](http://www.aikenregional.com)

400 Medical Park Drive | Aiken, SC 29801  
803-641-5065

Physicians are on the medical staff of Aiken Regional Medical Centers, but, with limited exceptions, are independent practitioners who are not employees or agents of Aiken Regional Medical Centers. The hospital shall not be liable for actions or treatments provided by physicians. 151238 6/15

# BREAST HEALTH AND IMAGING SERVICES

*for Women*

*The diagnostic tests you need ...  
In one convenient, comfortable location.*



Women's Breast Health & Imaging Center  
at Aiken Regional  
[www.aikenregional.com](http://www.aikenregional.com)



*Being a woman*

means that you have unique health concerns that require specialized diagnostic care.

That's why at Aiken Regional Medical Centers, our Women's Breast Health & Imaging Center offers the diagnostic tests and services that women need, in one convenient, comfortable location.

We now offer all-digital mammography services, so you can count on more accurate results in less time.

Women's Breast Health & Imaging Center is located at 400 Medical Park Drive, just across the street from the main hospital building, so it's easy to get to.

And because it's dedicated solely to women's diagnostic services, you can get the care you need with maximum privacy and comfort.

**The CSRA's only dedicated freestanding women's digital imaging center**

## DIAGNOSTIC SERVICES FOR WOMEN

### All-Digital Mammography

We provide all-digital mammography services, which can help detect breast cancer at early stages, when it's most treatable. Digital mammography produces clearer, more accurate images in a matter of seconds. There's also less radiation exposure to patients.

### Stereotactic Biopsy

If your doctor says you should have a stereotactic biopsy, have it done by professionals who specialize in women's health. Stereotactic biopsy uses special equipment to give a radiologist greater precision and accuracy in locating an abnormal growth that may be deep inside the breast or too small to feel.



### Bone Densitometry

Make sure you are not developing osteoporosis by having your bone density scanned with the advanced technology of our GE LUNAR bone densitometer.

### Routine X-rays

Have routine diagnostic X-rays — such as chest, spine, abdomen, extremities or others — in one convenient location.

The Women's Breast Health & Imaging Center is accredited by the American College of Radiology and certified by the US Food and Drug Administration (FDA).



Get the care you need with maximum privacy and comfort.