



## Partial Hospitalization Program

Aurora Pavilion's Partial Hospitalization Program is designed to provide psychiatric treatment for children, adolescents and adults with significant impairments resulting from psychiatric, emotional or behavioral disorders. The purpose of the program is to provide a seamless transition from inpatient care back into the community, or to prevent the relapse of an acute episode that could lead to hospitalization. The program provides intensive, coordinated and comprehensive treatment that is generally not found in an outpatient setting.

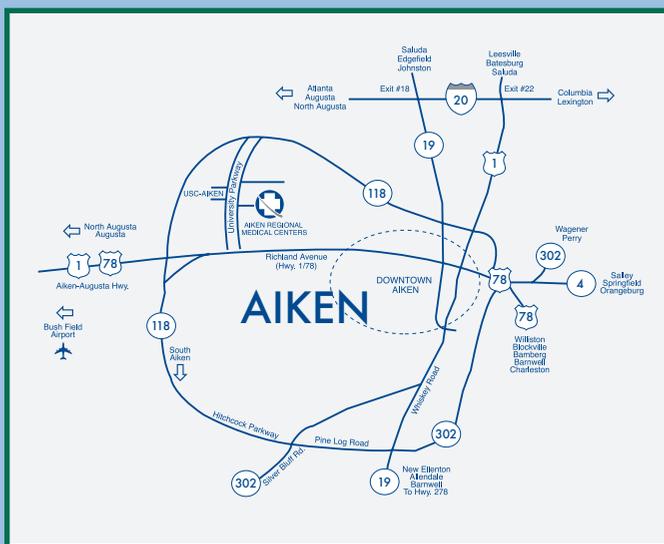
## Intensive Outpatient Program

Every patient in the Intensive Outpatient Program undergoes a comprehensive, interdisciplinary assessment and evaluation by several members of the treatment team. The team utilizes the results of the assessment to develop an individualized treatment plan that addresses the unique psychological, social, and safety needs of each patient.

Patients in the program follow a weekday schedule of activities that uses group, individual and family (as needed) therapy until they are ready for discharge. In addition, the team develops an aftercare plan that covers each patient's needs after they are discharged and also directs them to the appropriate resources.

## Respond®

Aurora Pavilion Behavioral Health Services sponsors a free, comprehensive community service called RESPOND®. This resource is designed to assist you by providing free clinical assessments, information and referral assistance for behavioral health problems. The RESPOND® team of professionals are available 24 hours a day, seven days a week at 803-641-5900 or 1-800-273-7911.



Aurora Pavilion  
Behavioral Health Services  
at Aiken Regional  
[www.aikenregional.com](http://www.aikenregional.com)

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*Physicians are independent contractors who are not agents or employees of Aiken Regional Medical Centers.*

## AURORA PAVILION BEHAVIORAL HEALTH SERVICES

# Help is close to home



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# Our Mission

At Aurora Pavilion, we are committed to providing quality evaluation and treatment services for people affected by emotional stress, mental illness and addictive disease, while also educating their families and the community.

We encourage family members and caregivers to participate in each patient's recovery process so that ongoing support can be provided at home after the patient leaves our program.

## Adult Treatment Program

The Adult Treatment Program is for people age 18 and older who need acute care to help ensure safe stabilization from an emotional or behavioral crisis. The treatment may be appropriate for someone who displays one or more of these emotional or behavioral problems:

- ☉ Suicidal ideation
- ☉ Homicidal ideation
- ☉ Psychotic behavior
- ☉ Post Traumatic Stress Disorder
- ☉ Anxiety or panic disorder
- ☉ Major depression
- ☉ Bipolar disorder
- ☉ Substance abuse

### Individualized treatment plans include:

- ☉ Individual, group, family and recreational therapy
- ☉ Medication management
- ☉ Aftercare education and planning

## Child and Adolescent Treatment Program

The Child and Adolescent Treatment Program provides a supportive, nurturing environment that helps the healing process. Services are provided to children and adolescents, ages 5 to 17, who need rapid and immediate interventions. It is designed to arrest intensive, crisis-oriented psychiatric disturbances where the likelihood of harm to themselves or others is significant. Treatment

may be appropriate for children who display one or more of the following emotional or behavioral problems:

- ☉ Suicidal or homicidal ideation
- ☉ Depression
- ☉ Anxiety
- ☉ Substance abuse
- ☉ Behavioral disorders
- ☉ Post Traumatic Stress Disorder

### Individualized treatment plans include:

- ☉ Individual, group, family and recreational therapy
- ☉ Medication management
- ☉ Aftercare education and planning

## Senior Adult Treatment Program

Elderly patients present a unique diagnostic and treatment challenge because of the often-complex interaction of physical, psychological, cognitive, behavioral and social problems that are common to this age group. Aurora Pavilion's Senior Adult Treatment Program is designed to rapidly assess and treat the mental health problems of older adults including:

- ☉ Psychological symptoms of depression or anxiety
- ☉ The relationship of physical symptoms to emotional distress
- ☉ Behavioral problems related to Alzheimer's Disease, Parkinson's Disease and stroke

- ☉ Emotional complications of medical illness
- ☉ Schizophrenia, manic-depression, or other psychiatric illnesses
- ☉ Chemical Dependency
- ☉ Lifestyle Changes
- ☉ Bereavement

## Our Treatment Team

Members of the healthcare team conduct comprehensive, interdisciplinary evaluations of every patient. Then, they develop an individualized treatment plan that addresses the unique needs of each older adult patient. Assessment, consultation and treatment services are available from staff members and affiliates of Aurora Pavilion who include:

- ☉ Psychiatrists
- ☉ Psychologists
- ☉ Medical specialists
- ☉ Registered nurses
- ☉ Master's level clinicians
- ☉ Mental health technicians
- ☉ Physical therapists



## Signs and Symptoms

Signs of depression include, but are not limited to:

- ☉ Change in appetite
- ☉ Loss of energy
- ☉ Changes in sleeping patterns
- ☉ Prolonged feelings of "sadness"
- ☉ Poor self-esteem
- ☉ Poor concentration
- ☉ Temper outbursts
- ☉ Apathy

Signs of anxiety include, but are not limited to:

- ☉ Increased heart rate
- ☉ Chest pain
- ☉ Dizziness
- ☉ Stomach pain
- ☉ Poor sleep

Signs of substance abuse include, but are not limited to:

- ☉ Slurred speech
- ☉ Lack of coordination
- ☉ Lethargy
- ☉ Hyperactivity
- ☉ Increase heart and/or respiratory rate
- ☉ Lack of personal hygiene
- ☉ Sudden changes in behavior
- ☉ Continued use after problems with work, relationships and the legal system