



MEMBERSHIP APPLICATION

NAME

DATE OF BIRTH

EMAIL ADDRESS

MAILING ADDRESS

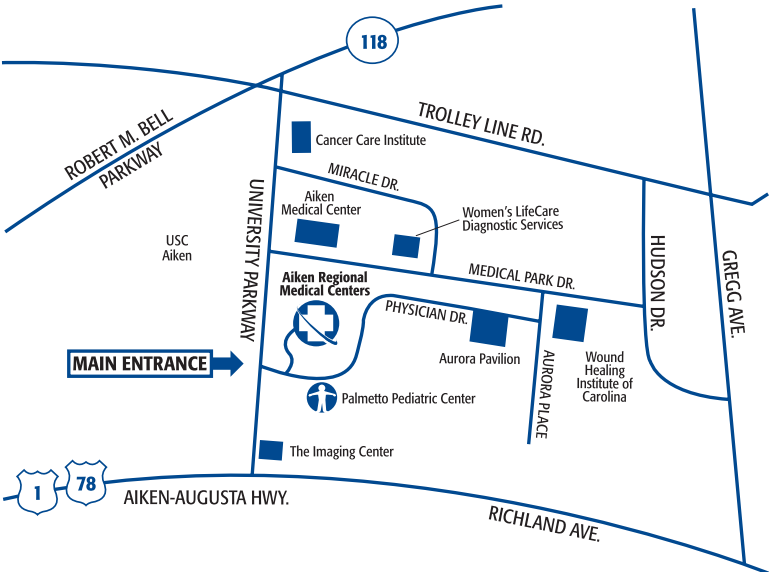
PHONE NUMBER

Names, date of birth and relation
of household members:

Medical conditions that affect your family:

I would like to learn more about the following
health topics:

Please return this application to
we— Women Enlightened for Better Health
302 University Parkway
Aiken, SC 29801



302 University Parkway, Aiken, SC 29801
(803) 641-5893

For more information call (803) 641-58*we*
or visit **AikenRegional.com/we.**



AN AIKEN REGIONAL MEDICAL CENTERS
WOMEN'S HEALTH INITIATIVE



AN *enlightened* APPROACH TO YOUR FAMILY'S HEALTH

At Aiken Regional Medical Centers (ARMC), we are dedicated to helping women improve and protect their health. Women make tremendous contributions to their families and communities but sometimes allow their own health to suffer as a result of their many roles. We are delighted at the opportunity to lighten the load of the modern women, and provide easy and efficient care navigation and health education.

Women Enlightened for Better Health (*we*) is a unique, health initiative designed to provide guidance, support and care navigation to women as they make health decisions for themselves and their family. This program is tailored for the grueling demands of daily life, and formulated to navigate women to the tools and resources necessary to keep them and their loved ones in good health.



Your Nurse Navigator: Advocate and Guide

Making health decisions can be challenging, but navigating our healthcare system shouldn't be. Through the *we* — Women Enlightened for Better Health, you will be paired with a Nurse Navigator who will serve as your central point of healthcare communications.

Your Nurse Navigator will:

- Assist our members in establishing a primary care physician and obtaining referrals to ARMC specialists and services. Our nurse navigator will also assist you in scheduling appointments and routine health screenings.
- Provide health education on medical conditions and treatments.
- Keep you informed about the services, facilities and events offered by the hospital.
- Provide support during stressful health events.

How can *we* — Women Enlightened for Better Health — benefit you?

Our women's health program offers comprehensive support to ease the stress of your healthcare responsibilities and empower you to better care for yourself and your family! Benefits of *we* — Women Enlightened for Better Health include:

- **Personalized outreach from our Women's Health Nurse Navigator.** The Nurse Navigator will assist you in accessing healthcare providers, provide health information, referrals and help you take advantage of Aiken Regional's full range of services, such as support groups, community resources and educational programs.
- **New member orientation and tour.** New members can learn about the full benefits of the *we* program by attending our new member orientation. You will meet the Women's Health Nurse Navigator, receive a full explanation of *we* benefits, learn about the LIV self-breast exam aid and more. A healthy meal and facility tour is included.
- **Reduced fees.** Enjoy reduced fees for Aiken Regional's educational classes, programs and events year-round.
- **Discounted Family Y membership.** Treat yourself to better health by becoming a member of the Aiken Family Y without paying a joiner's fee.
- **Health news updates.** At aikenregional.com/we and through our email blasts, Facebook page and quarterly newsletter, get the latest health and nutrition information, fitness class schedules and information on exclusive members-only events.
- **Programs for you.** From young adult, to motherhood, to mid-life and mature adult — we have seminars and activities suited just for you.



Register online at
AikenRegional.com/we